

**Safe Environment:** To report an incident of suspected child sexual abuse, please contact your local law enforcement agency, or you may confidentially contact WV Child Protective Services at 800.352.6513. In addition to civil authorities, to report suspected cases of sexual abuse of children by personnel of the Diocese of Wheeling-Charleston to the Diocese, contact one of the following designees at 1.888.434.6237 or 304.233.0880: Mr. Bryan Minor, ext. 263; Mr. Tim Bishop, ext. 353, Sr. Martha Gomez, ext. 264. Or you may call Rev. Don Higgs, 304.685.2367, the Office of Safe Environment at 304.230.1504, or Victims Assistance Coordinator Erin McFarland at 304.559.6742. Please visit [www.dwc.org](http://www.dwc.org) under "Accountability" for additional information and reporting methods.

### MASS SCHEDULES & INTENTIONS

- Monday: Feb 9 No Mass**  
**Tuesday: Feb 10 6:00 pm + Frank Rogucki** by Anna Jean Rogucki  
**Wednesday: Feb 11 6:00 pm + Milan & Mary Patrick** by George & Socorro Patrick  
**Thursday: Feb 12 6:00 pm + Frank & Angie Marra** by Donnie & Pam Sabatelli  
**Friday: Feb 13 6:00 pm + Thomas Greco** by Pat Post & family  
**Saturday: Feb 14 5:00 pm + Megan Tucker** by Nancy Tate  
**Sunday: Feb 15 10:00 am + Mary Kathryn Book** by Chris & Anita Ballard  
**UHC 12:00 pm + Louise Wanzer** by Nancy Hall



### Pray for our Shut-ins!

Genny Griffin  
 Ursula Koreski  
 Saundra Knight  
 Gertrude Senchina

Mary Sims  
 (156 Fazio's Elder Care  
 Stoney Lonesome-Monongah)

Eddie Koreski  
 Connie Koreski  
 Joe Koreski  
 (VA Nursing Home)

If you know of anyone that needs to be added to this prayer group call the office at 304-592-2733.

### St. Margaret of Castello Adoration Chapel, 43 Mahlon St. Shinnston

Since Covid, our Adoration Chapel had to make major changes in its 24/7 operation. As of now, we are only able to have it open for 3 out of 7 days (from 6:00am - 12:00am). We are sincerely hoping to open it another day during the week. With that said, we began last spring asking for people to consider becoming an adorer on Tuesdays. We were able to fill many hours, but not all. **The hours that still need an adorer for Tuesdays are 10-11.00 Am and 3-4.00 Pm.** If you are interested and able to take any of these hours, please contact the church office. Please consider spending one hour a week in adoration with our Lord, the chapel is such a peaceful and beautiful place!

### The six Precepts (Commandments) of the Church

There are six main commandments of the Church. They are (CCC #2041-43; BC #389)

- 1) You shall attend Mass on Sundays and Holy Days of obligation.
- 2) You shall observe the prescribed days of fasting and abstinence.
- 3) You shall confess your sins at least once a year.
- 4) You shall humbly receive your Creator in Holy Communion at least during the Easter season.
- 5) You shall contribute to the support of the Church and its Pastors
- 6) You shall observe the laws of the Church concerning marriage.

The Church insists that Catholics should not marry within certain degrees of kindred, nor to solemnize marriage at the forbidden times. When we consider these six principal commands of the Church in particular, we shall see that the duties prescribed by them are duties which God himself expressly demands from us, and that the only part the Church has in them, is to determine the particular time, place, or manner in which we ought to practice them, lest, if left to ourselves, we should neglect them entirely.

**The first precept: 1) Keep the Sundays and Holydays of Obligation holy;** by attending Holy Mass and resting from servile works. In the Old Testament God has expressly commanded one day in seven to be allotted for that purpose. Under the old law, He also ordained six great solemnities to be kept holy throughout the year, in memory of the great temporal favors He has bestowed upon his people, and in the twenty-eight and twenty-ninth chapters of the book of Numbers; all which he commanded to be kept with the same strictness as the Sabbath itself, and two of them lasted for eight days together. The Church of Christ, by the authority and power given her by Christ, ordained the Sunday, or the first day of the week, to be kept holy, instead of Saturday, or the seventh day, which was ordered by God to be kept holy among the Jews. Holy Days were instituted by the Church to remind us of the mysteries of our religion and of the important events in the lives of Christ and of His Blessed Mother, and to recall to us the virtues and the rewards of the saints.

**The Holy Days of obligation in the United States are these six:** This leaves us with six holy days of obligation outside of Sundays. The following feast days are holy days of obligation in the U.S. for 2026.

- 1) Christmas Day (December 25).
- 2) New Year's Day (January 1) – The Feast of Mary the Mother of God.
- 3) Ascension Thursday (40 days after Easter).
- 4) The Assumption (August 15).
- 5) All Saints' Day (November 1).
- 6) The Feast of the Immaculate Conception (December 8)

It is a mortal sin to neglect to participate in the Mass on Sundays and Holydays of Obligation, unless we are excused for a serious reason Hence parents, masters, and mistresses are bound to provide that those under their charge shall participate in the Mass on Sundays and Holydays of Obligation (BC # 390).

*"Spread love everywhere you go. Let no one ever come to you without leaving happier" (St. Mother Teresa)*

2/14/2026	5:00 pm Mass	2/15/2026	10:00 am Mass
<b>Readers</b>	Jimmy Gemondo	<b>Readers</b>	Mary Ann Spadafore
<b>Altar Servers</b>	Dominick Spadafore Sophia Spadafore Colton Wright	<b>Altar Servers</b>	Frankie Bowen Ella Bowen Ryan DeMarco
<b>Cup Ministers</b>	Frank DeMarco Sandy McDonnell	<b>Cup Ministers</b>	Steven Bee Sam DeMarco
<b>Host Minister</b>	Robbie Spadafore	<b>Host Minister</b>	Mary Ann Spadafore
<b>Ushers</b>	Cindy Hamrick Mickey Arco	<b>Ushers</b>	Vinnie Demarco John DeMarco

### Upcoming Birthdays

- Feb 9 - Frank Hamrick  
 Feb 11- Carson Zickefoose  
 Feb 12- Susan Brooks  
 Feb 14- Melissa Benson  
 Feb 15- Diane Book  
 Lucas Joseph



### CATHOLIC SHARING APPEAL-2026 PROGRESS

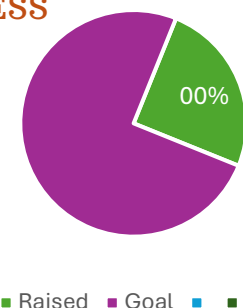


#### Coming Soon

Raised: \$ 0,000

Goal: \$ 00,00

Gifts: 00



**Feb 1<sup>st</sup>**  
 Regular Collection  
**\$ 3,271.00**  
 Faith in Our Future  
**\$ 821.00**  
 Special Collection  
**\$00.00**  
 Weekend Attendance  
**135**

Thank you for your continued generosity and for your presence.

## The second precept: Keep the days of fasting and abstinence appointed by the Church.

The Church commands us to fast and to abstain in order that we may control the desires of the flesh, raise our minds more freely to God, and make satisfaction for sin. "But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father who is in secret; and your Father who sees in secret will reward you" (*Matthew 6:17*).

**Fasting** means eating only one full meal a day. No person is bound to fast before he has completed his 21st year, nor after he has entered his 60th year. Dispensations are granted by priests at Confession. We may be dispensed or freed from the obligations of fasting because of sickness, great poverty or very hard work.

**Abstinence** means not to eat meat. The Church makes Fridays of Lent days of abstinence in order that we may do penance for our sins, and also in order that we may prepare ourselves more worthily for Good Friday, when we commemorate the death of Jesus Christ. All Catholics who have passed their fourteenth birthday and have attained the use of reason are obliged to observe the abstinence days of the Church, unless excused or dispensed. Fast days are days on which we are allowed to take only one full meal are Ash Wednesday and Good Friday. Days of abstinence are days on which we are forbidden to take flesh-meat, and soups made from meat. **Ash Wednesday and the Fridays of Lent are the days of abstinence.** The Church commands us to fast and abstain on Ash Wednesday and Good Friday so that we may mortify the flesh and thus may weaken our temptations, may be made more fit for prayer and meditation and make atonement to God for our sins. The strongest New Testament authority for abstinence is from the apostles themselves. When they met in council at Jerusalem, they gave out an express command to the new converted Gentiles, "to abstain from things sacrificed to idols, and from blood, and from things strangled," Acts xv. 29. They declared at the same time that this command was dictated by the Holy Ghost.

## The third precept: Receive the sacrament of reconciliation at least once a year.

By the commandment to confess our sins at least once a year is meant that we are strictly obliged to make a good confession within the year, if we have a mortal sin to confess. "Confess, therefore, your sins to one another." (James 5:16). We should go to confession frequently because frequent confession greatly helps us to overcome temptation, to keep in the state of grace, and to grow in virtue. Children are bound to go to confession as soon as they have come to the use of reason and are capable of mortal sin. Children are generally supposed to come to the use of reason about the age of seven years.

## The fourth precept: Receive the Blessed Sacrament at least once a year, preferably during the Easter Time.

The church, in the general Council of Lateran, made a decree, by which she obliges all her children, who are capable of it, to receive these holy Sacraments of confession and communion at least once in the year, and that should be about Easter time, in memory of the great Paschal solemnity. A Catholic who neglects to receive Holy Communion worthily during the Easter time commits a mortal sin because Jesus Christ has given a general command for all to receive the Holy Communion: "He who eats my flesh and drinks my blood has life everlasting and I will raise him up on the last day. For my flesh is food indeed, and my blood is drink indeed" (John 6:54-56). The Easter time in the United States begins on the first Sunday of Lent and ends on Pentecost (a Sunday). Children are bound to receive the Blessed Sacrament as soon as they are capable of distinguishing the Body of Christ from ordinary bread, and are judged to be sufficiently instructed.

*To be Continued...*



# St. Ann Catholic Church

Shinnston WV 26431

Physical Address; 610 Pike Street \*\*\* Mailing Address; 43 Mahlon Street



**February 8<sup>th</sup>, 2026 (5<sup>th</sup> Sunday in Ordinary Time)**



St. Ann Catholic Church is to glorify God through vibrant worship, compassionate service, and unwavering commitment to teachings of Jesus Christ. Rooted in Catholic tradition and guided by the Holy Spirit, we strive to foster a welcoming community that nurtures faith, fosters spiritual growth, and promotes unity among all God's children. With love as our cornerstone, we seek to embody Christ's message of hope, forgiveness, and redemption, spreading His light to all corners of the world. Together, as disciples of Christ, we are called to share God's love, serve those in need, and build a Kingdom of mercy, justice, and peace.

### Administrator

**Fr. D. Joseph MCBS**

Email; [djoseph@dwc.org](mailto:djoseph@dwc.org)

Phone; 304-780-8003

### Office Manager

**Mary K Romeo**

Email; [romm471@aol.com](mailto:romm471@aol.com)

Office; 304 520 0559- Personal; 304 203 4429

### Administrative Assistant

**Mandy Bowen**

Email; [marandarose@msn.com](mailto:marandarose@msn.com)

Office; 304 520 0559- Personal; 304 672 3853

### President-Parish Council

**Jimmy Gemondo II**

Email; [jgemondo1@gmail.com](mailto:jgemondo1@gmail.com)

### President-Men's Group

**Sam DeMarco**

Email; [zmd21@aol.com](mailto:zmd21@aol.com)

### Safe Environment Coordinator

**Anita Ballard**

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### Music- Coordinator

**Colleen Driscoll**

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### President-Finance Council

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### President-Altar & Rosary Society

**Renee Book**

Email; [Rbook0102@hotmail.com](mailto:Rbook0102@hotmail.com)

### Director-Religious Education

**Mandy Bowen**

Email; [marandarose@msn.com](mailto:marandarose@msn.com)

### Office Hours

Tuesday -Friday

09 Am- 02 Pm

### Closed on Monday

### Adoration Chapel

St. Margaret of Castello

Adoration Chapel is open on;

**Sunday, Wednesday, & Friday**

**6am to midnight.**

For information call

John DeMarco at (304) 669-2057 *or*

Cindy Bee at (304) 592-5106



### Baptism

Please contact the office to schedule a baptism.

(Instruction sessions are required with your first child).

### Confessions

**4 to 4. 40pm**

on Saturdays.

**Or**

by appointment.

For appointments, please

**call Fr. Joe**



### Marriage

Please contact the office at least **SIX months** prior to the proposed date of marriage.



### Hospital & Sacramental Emergency

Please call; **304-780-8003**

### For the Sick & Homebound

Please call the church office if you would like to receive communion or have a home visit.

Office; 304-592-2733/304-592-0077 • Email; [stannshinnston@aol.com](mailto:stannshinnston@aol.com)

Website; [stannshinnston.com](http://stannshinnston.com)